

March, 2018

## Catholic Daughters of the Americas

Court #2719, St. Martin de Porres, Dripping Springs  
P.O. Box 1062, Dripping Springs, Texas 78620

Website: <http://www.stmartindp.org/cda>

Newsletter Contact: Allison Rice [cparice@hotmail.com](mailto:cparice@hotmail.com)

## Chaplain's Message for March

This Lent I am offering a reflection series on the seven deadly wounds. The seven deadly wounds are abandonment, fear, confusion, rejection, powerlessness, shame and hopelessness. These seven deadly wounds can lead us to the seven deadly sins when we seek to medicate our wounds with sin rather than God. The seven deadly wounds and their remedies are explained in more depth in the book Be Transformed by Dr. Bob Schutts. Each week during the Lenten Season we will focus on one of the seven deadly wounds and ways this wound can manifest itself in our lives. We often forget all saints struggled with the same wounds we do but they learned to go to God with their woundedness and we can learn from their example. You can go to <http://stmartindp.org/lenten-study-2018> to view .pdfs of the daily reflections.

This Lent may we choose to go to God with our wounds rather than to sin.

Fr. Charlie Garza, CDA Chaplain



## Regent's Message for March

My dearest CDA sisters,

We had a great meeting in February and were honored to host several guests! Please continue to make those invitations to the women of our parish. Our court is flourishing thanks to your dedication and example.

My thanks to the board for their contribution to our plans for the year. We will record our events in a calendar located on our court's page at St. Martin's website. Also, this newsletter, lovingly crafted by our Allison, is a treasure trove of information on how you can participate in CDA. I encourage you to read it fully. I look forward to seeing you at one or more projects this year!

I hope you are having a fruitful Lent. If you're like me, you may have stumbled with one of your Lenten intentions. I read that Lent is not something we win; it's not a contest. So, keep at it – falls and all. (cont'd on page 2)



## Local Court Officers

Chaplain: Father Charlie Garza  
P.O. Box 1062  
Dripping Springs, TX 78620  
512-858-5667 x203  
[frcharlie@stmartindp.org](mailto:frcharlie@stmartindp.org)

Regent: Kat Berbel  
275 Lonely Pine Cove  
Driftwood, TX 78619  
512-922-1590  
[kberbel@gmail.com](mailto:kberbel@gmail.com)

Vice Regent: Myra Alilain

Recording Secretary: Mary Gomez  
P.O. Box 1062  
Dripping Springs, TX 78620  
512-858-5667 x201  
[office@stmartindp.org](mailto:office@stmartindp.org)

Financial Secretary: Jackie Givens  
180 Julieanne Cove  
Dripping Springs, TX 78620  
512-736-2238  
[jackie.givens@ppdi.com](mailto:jackie.givens@ppdi.com)

Treasurer: Allison Rice  
420 Aspen Drive  
Austin, TX 78737  
512-565-1298  
[cparice@hotmail.com](mailto:cparice@hotmail.com)

District Deputy #7: Laura Pena  
[edclp@yahoo.com](mailto:edclp@yahoo.com)

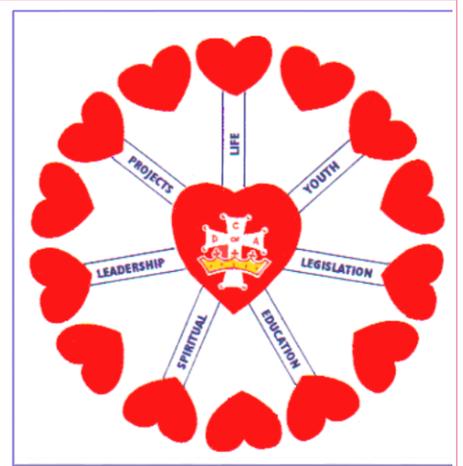
National Website:  
<http://www.catholicdaughters.org>

State Website:  
<http://www.catholicdaughters.org/states/TX.shtml>

I share that with you in case it is helpful in your Lenten journey. May the peace of Christ be with you as we make our way to Easter.

*"As the flames of your first enthusiasm die down, it becomes difficult to advance in the dark. But that progress is all the more reliable for being hard. And then, when you least expect it, the darkness vanishes, and the enthusiasm and light return. Persevere!"~St. Josemaria Escriva, Furrow Now. 789*

Peace,  
Kat Berbel  
Regent, Ct. St. Martin de Porres #2719  
+JMJ+



The image above is symbolic of our CIRCLE OF LOVE program. By definition, a circle is a curved line with every point equal distance from the point of the center and bound together by the common interest. The seven point program of the CIRCLE OF LOVE is bound together by the common interest- LOVE.

## Circle of Love News Items

**Youth/JCDA:** Our Junior Catholic Daughters will be helping us host the St. Joseph Day fellowship on March 19. They will be providing the bread for the light meal served in the portico after mass. The next general meeting will be on April 8 at 3pm in the Parish Hall.

**Spiritual Enhancement:** Adoration Hour – Thursdays from 9-10pm.

**Adoration:** We continue to hold the Adoration Hour from 9-10pm on Thursday Evenings. Contact Chery Lutz at her email (at right) if you would like to be added to the list of rotation.

**Stations of the Cross:** The Stations of the Cross are prayed each Friday during Lent through March 23. On March 9, the Catholic Daughters will lead the Stations. Please plan on attending and wearing your CDA shirts/purple shirt.

*Chery Lutz*

### Family:

**St. Joseph Mass and Fellowship: *Father Charlie has enthusiastically approved a new event for our parish:*** The Catholic Daughters, Junior Catholic Daughters and The Pro-Life and Chaste Living Ministries will be coordinating the Fellowship after the St. Joseph Mass on Monday, March 19. We will have a 7pm mass with a beautiful St. Joseph's altar and procession, a guest speaker from Foster Village, followed by some traditional Italian minestrone soup and treats. We want to pray for our adoptive and foster families and learn about how we can support them. Link to sign up to bring minestrone soup:

<http://www.signupgenius.com/go/30e0f4fadae23a1fe3-minestrone>

## Our Circle of Love Committee

Education: Cindy Falbo  
falbo5@verizon.net

Family: Dawn Cyr  
wimberleydlc@aol.net

Leadership:

Legislation: Elaine Houle  
tom.elaine08@gmail.com

Quality of Life: Julie Pierantoni  
jpierantoni@austinventures.com

Spiritual Enhancement: Chery Lutz  
calutz4@gmail.com

Youth/JCDA: Jennifer Sedlmeyer  
rsedlmeyer@gmail.com

## Family (continued):



The Heart of Texas Pregnancy Resource Center held their 5<sup>th</sup> annual fundraiser at the Oasis on Lake Travis. Almost 400 people gathered and witnessed an incredible sunset and listened to the testimony of 4 moms whose bold and heartfelt testimonies spoke of the transforming change that Heart of Texas brought into their lives. Their goal for the evening was \$400,000 to operate their 2 centers in 2018. They raised just over half of that goal. If you were unable to attend this year and would like to donate you may do so by credit card or PayPal at: <http://heartoftexaspartners.org/donate/> More information about the center can also be found at this link.

40 Days for Life Hour 12-1pm Saturdays through March 24 at the Planned Parenthood, Ben White location. Sign Up: [40 Days Sign Up](#)

*Dawn Cyr*

## Legislative:

**Human Life Action: Call to Action** On January 26, the Department of Health and Human Services (HHS) published in the *Federal Register* (Vol. 83, pp. 3880 et seq.) a proposed rule to enforce 25 existing statutory conscience protections for Americans involved in HHS-funded programs, which protect people from being coerced into participating in activities that violate their consciences, such as abortion, sterilization, or assisted suicide. Among the 25 conscience laws are the Church, Coats-Snowe, and Weldon Amendments.

Though these laws were passed on a bipartisan basis and have been on the books for years, certain legislators and abortion activists are becoming more emboldened to violate them, and the previous administration did not fully enforce them. This proposed rule seeks to ensure that these laws are enforced. As HHS noted in its press release, "The proposed rule provides practical protections for Americans' conscience rights and is modelled on existing regulations for other civil rights laws."

The proposed rule includes a public comment period of 60 days, which ends on March 27. The U.S. Conference of Catholic Bishops will soon be filing comments. Please submit your comments today by clicking on this link: [TAKE ACTION](#)



## Upcoming Dates

### March 9

Fish Fry at the Triangle – Help out the Knights 4-7pm

### March 9

CDA leads the Stations – 6:45 in the Church

### March 13, 20 & 27

Lenten Holy Hour Evening Prayer and Reflection, 7-8pm in Chapel

### March 19

St. Joseph Day Mass and Fellowship 7pm (see articles in this newsletter)

### March 20

CDA Monthly Meeting 6:30pm, Parish Hall

### March 22

Parish Lent Penance Service 7pm in the Church

### March 23-24

Ignation Rules of Discernment, Silent Retreat. Fri: 6:45-8:30; Sat 9-4pm Check the bulletin for more info

### March 25-31, April 1

Holy Week and Easter: Find the Parish calendar here:

<http://stmartindp.org/gcalendar>

### March 30

Fish Fry at the Triangle – Help out the Knights 4-7pm

### April 8

JCDA Meeting Parish Hall 3pm

For times of Lenten special programs and reconciliation: St Martin de Porres Lenten Calendar-Click on Link:

[ParishLentenCalendar](#)

Check out our new CDA online calendar at our SMdP website.

<https://stmartindp.org/cda>

# CDA Officer Elections

We will begin our nomination and election procedures during the March meeting on the 20<sup>th</sup>. At the March meeting a nominating committee will be formed and the committee will be presented with procedures for the election process. The elections for the new officers will be held at the May 15<sup>th</sup> meeting. Officers will serve a two year term. Although our court was instituted in August, we must follow the guidelines for the local CDA officer elections which are bi-annually held in May. If you are interested in participating on the Nominating Committee or would be interested in holding an officer position, please contact Kat before March 20.

# Stations of the Cross



The Stations of the Cross are a 14-step Catholic devotion that commemorates Jesus Christ's last day on Earth as a man. The 14 devotions, or stations, focus on specific events of His last day, beginning with His condemnation. The stations are commonly used as a mini pilgrimage as the individual moves from station to station. At each station, the individual recalls and meditates

on a specific event from Christ's last day. Specific prayers are recited, then the individual moves to the next station until all 14 are complete.

According to tradition, towards the end of her life the Blessed Virgin moved from Jerusalem to Ephesus (in modern-day Turkey). No longer able to retrace the steps of her Son's Passion where they actually occurred, she set up an identical Stations of the Cross on her property using stones and markings. This became the first devotional Stations of the Cross. This is described in detail by Blessed Anne Catherine Emmerich according to her visions,

The Stations of the Cross are commonly found in churches as a series of 14 small icons or images. They can also appear in church yards arranged along paths. The stations are most commonly prayed during Lent on Wednesdays and Fridays, and especially on Good Friday, the day of the year upon which the events actually occurred. Note: They can be prayed at any time; there is a beautiful small book in the cabinet at the back of the Chapel that has the prayers and also pictures of each Station site in Jerusalem, this is a good way to become familiar with the devotion.

Our Court will be leading the Stations of the Cross on Friday, March 9<sup>th</sup> at 6:45 in the church. Please plan on attending.

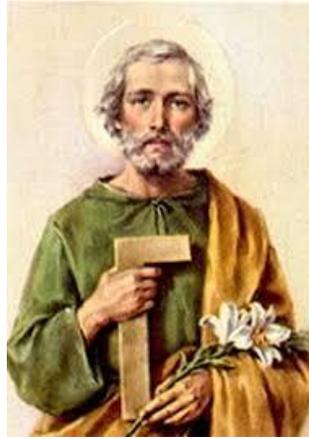


## **Prayer Intentions of the Holy Father for March**

**Theme:** Evangelization:  
Formation in Spiritual Discernment

That the Church may appreciate the urgency of formation in spiritual discernment, both on the personal and communitarian levels.





## Month of the St. Joseph

The Church traditionally dedicates the month of March to the special veneration of St. Joseph, whose feast day is March 19<sup>th</sup>. "He was chosen by the eternal Father as the trustworthy guardian and protector of his greatest treasures, namely, His divine Son and Mary, Joseph's wife," says St. Bernardine of Siena. "He carried out this vocation with complete fidelity until at last God called him, saying 'Good and faithful servant, enter into the joy of your Lord.'" Due to St. Joseph's leadership of the Holy Family, he has been declared the protector and patron of the universal Catholic Church. (From "Your Morning Offering", The Catholic Company) More info on St. Joseph @ [Catholic Encyclopedia](#)

**REMEMBER TO READ THE MONTHLY MEETING MINUTES FROM MARY GOMEZ, OUR RECORDING SECRETARY. THE MINUTES ARE APPROVED EACH MONTH BY VOTE AND MAY CONTAIN OTHER INFORMATION THAT IS NOT COVERED IN THIS NEWSLETTER.**

### *CDA Mission Statement:*

*"Catholic Daughters of the Americas strive to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all."*



## Minestrone Soup

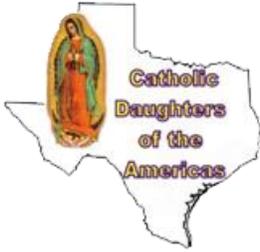
### Ingredients:

- 2 Tbsp olive oil
- 1 small onion, chopped
- 3 cloves garlic, minced (or 3 tsp chopped garlic from a jar)
- 2 carrots, peeled and diced
- 1 medium zucchini, diced
- 1 cup fresh or frozen green beans
- 2 (14 oz) cans diced tomatoes
- 6 cups vegetable broth
- 1 (14 oz) can cannellini beans, rinsed and drained
- 1 cup elbow macaroni or other pasta –can be gluten free
- 1 tsp dried basil
- ½ tsp dried thyme
- Salt and pepper, to taste
- Parmesan cheese- optional, for garnish

(see page 6 for Directions)

# CDA State News

(Myra Alilain, Vice Regent)



## Quarterly Prayer Intentions of Texas State Catholic Daughters

The following are some of the prayer intentions for the current quarter. We are asked to please share them with our court members. "Where two or three are gathered in My name, there am I in their midst." Matthew 18:20

Through the intercession of the Most Blessed Virgin Mary, all the Angels and Saints, Lord, humbly hear our prayer.

†For Pope Francis' monthly intentions and that all Christians may be supported by the prayers and material help of the whole Church.

†For the sake of "one nation under God, indivisible, with liberty and justice for all."

†That God's will be done in and through all deliberations of the Texas State Convention.

**Catholic Daughters of Texas Link:** [TXStateCDA](http://TXStateCDA)

# CDA National News

(Myra Alilain, Vice Regent)



## Four Suggestions for Positive Leadership

**Rule-making and the heart:** Members are human beings-volunteers who willingly give of their time and energy. "Anytime we must decide between policy and the heart, go with the heart."

**Expenses and Training:** Encourage all members to attend workshops. [SMdP Court Note: We have added a line item in our budget for our members to attend future state training workshops.]

**Asking all or just a few:** Sometimes it is easier to let someone else take the reins, we need to be mindful about being inclusive and thoughtful of other people who may want to step up. We need to be encouraging and welcoming of new ideas.

**Controlling vs. Coaching:** There is always value in allowing members and chairwomen to use their own creative talents and resources. Coach, rather than pointing out mistakes. Accentuate strengths to foster courage to tackle new projects and "grow in their love for CDA."

**Link for National Website:**

<http://www.catholicdaughters.org/index.shtml>



## Minestrone Soup Directions

### Instructions:

Heat olive oil in a large stockpot. Add onion, garlic, carrot, and celery. Cook for about 5 minutes, or until lightly browned. Add in zucchini, green beans, and diced tomatoes. Stir in vegetable broth, beans, pasta, basil, oregano, and thyme. Simmer until vegetables and pasta are tender, about 35 minutes. Season soup with salt and pepper and serve warm. Garnish with parmesan cheese, if desired. Serves 8-10

### Why Italian?

In Sicily, where Saint Joseph is regarded by many as their Patron saint, and in many Italian-American communities, thanks are given to Saint Joseph for preventing a famine in Sicily during the Middle Ages. According to legend, there was a severe drought at the time, and the people prayed for their patron saint to bring them rain. They promised that if he answered their prayers, they would prepare a large feast to honor him. The rain did come, and the Italians continue to honor St. Joseph with an "altar with foods" and a feast.

## Our Members out and about!



Catholic Daughters helped out at the first Fish Fry of Lent on February 23 helping to serve desserts. Pictured: Liz Chaplin, Pat Squeo (non-member) and Chery Lutz.

We warmly welcome our newest CDA member, Karen Schneider, sworn in at our February meeting on the 20<sup>th</sup>. In attendance with Karen, fresh from the Women's ACTS retreat were Maria Strange, Pat Squeo and Rosie Savarimuiho. (left to right with Kate Conroy sitting between Pat and Rosie) Also, not shown, was visitor Michel Johnson.



Note: All articles written by Allison Rice unless otherwise noted